

**Cowichan Valley Chiropractic and Wellness**  
**Informed Consent to Chiropractic Treatment**  
**( FORM L )**



There are risks and possible risks associated with manual therapy techniques used by doctors of chiropractic. In particular you should note:

- a) While rare, some patients may experience short term aggravation of symptoms or muscle and ligament strains or sprains as a result of manual therapy techniques. Although uncommon, rib fractures have also been known to occur following certain manual therapy procedures;
- b) There are reported cases of stroke associated with visits to medical doctors and chiropractors. Research and scientific evidence does not establish a cause and effect relationship between chiropractic treatment and the occurrence of stroke rather, recent studies indicate that patients may be consulting medical doctors and chiropractors when they are in the early stages of a stroke. In essence, there is a stroke already in progress. However, you are being informed of this reported association because a stroke may cause serious neurological impairment or even death. The possibility of such injuries occurring in association with upper cervical spinal adjustment is extremely remote;
- c) There are rare reported cases of disc injuries identified following cervical and lumbar spinal adjustment , although no scientific evidence has demonstrated such injuries are caused, or may be caused, by spinal adjustments or other chiropractic treatment;
- d) There are infrequent reported cases of burns or skin irritation in association with the use of some types of electrical therapy offered by some doctors of chiropractic.

I acknowledge I have read this consent and I have discussed, or have been offered the opportunity to discuss, with my chiropractor the nature and purpose of chiropractic treatment in general, (including spinal adjustment), the treatment options and recommendations for my condition, and the contents of this Consent.

I consent to the chiropractic treatment recommended to me by my chiropractor including any recommended spinal adjustments.

I intend this consent to apply to all my present and future chiropractic care.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

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Patient Signature (Legal Guardian)

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Witness of Signature

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Name (Please Print)

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Name (Please Print)

# Cowichan Valley Chiropractic and Wellness

## Patient Information and History

Date: \_\_\_\_\_

### 1 Patient Information

Name: \_\_\_\_\_  
(First) (Initial) (Last)

Address: \_\_\_\_\_  
\_\_\_\_\_ Postal Code \_\_\_\_\_

Birth date: mo. \_\_\_\_\_ day: \_\_\_\_\_ year: \_\_\_\_\_

Age: \_\_\_\_\_  Male  Female

Employer: \_\_\_\_\_

Parent's name (if a minor): \_\_\_\_\_

Single  Married  Divorced  
 Widowed  Separated

Spouse's name: \_\_\_\_\_

# of Children: \_\_\_\_\_

### 2 Insurance

BC CARE CARD#: \_\_\_\_\_

Additional Insurer:  Yes  No

If yes:  GreenShield  GreatWest Life

Other: \_\_\_\_\_

Plan Member Number: \_\_\_\_\_

### 3 Your Contact Information

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Best way to reach you:  Home  Cell  Work  Email

#### IN CASE OF EMERGENCY, CONTACT:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

### 4 Accident Information

Is your condition due to an accident?:  
 Yes  No Date: \_\_\_\_\_

Type of accident:

Auto  Work  Home  Sport  Other

To whom have you reported the accident?:

WCB  Employer  ICBC  Other

Attorney's name (if applicable): \_\_\_\_\_

5 How did you hear about us?  
\_\_\_\_\_

May we contact your medical doctor? \_\_\_  
Name: \_\_\_\_\_

### 6 Patient Condition

What is your major symptom/complaint? \_\_\_\_\_

When did your symptoms begin?: \_\_\_\_\_

Have you had this problem before?: \_\_\_\_\_

Is your condition getting worse?:  Yes  No

Is this problem:  Constant  Comes and goes

How does it feel?:  Burning  Sharp  Shooting  Dull  Achy

Stiff  Tingling  Throbbing  Swelling  Other \_\_\_\_\_

Circle below the severity of your pain on a scale of 0 to 10

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (severe pain)

What makes your condition better?: \_\_\_\_\_

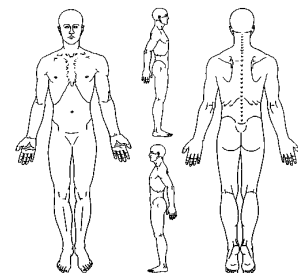
What makes your condition worse?: \_\_\_\_\_

Does it interfere with your  Work  Sleep  Daily Routine  Recreation

Activities/movements that are painful to perform:

Sitting  Standing  Walking  Bending  Lying down  Driving  Reading  Getting up

Please mark where it hurts



Please continue on the back page...

**Health history**

What other treatments have you had for this condition?

- Chiropractic  Orthopedic  Neurologist  Physical Therapy  Medication  Surgery

Name of other doctors who have treated this condition: \_\_\_\_\_

Describe the other doctors treatment for your condition: \_\_\_\_\_

Previous Chiropractic care?:  Yes  No Date: \_\_\_\_\_ Local?:  Yes  No

Date of last: Physical exam \_\_\_\_\_ X-Ray \_\_\_\_\_ MRI \_\_\_\_\_

Spinal exam \_\_\_\_\_ Dental exam: \_\_\_\_\_ CT \_\_\_\_\_

List of Medications: \_\_\_\_\_

List of Supplements: \_\_\_\_\_

Females: Are you pregnant?:  Yes  No Beginning of last menstrual cycle: \_\_\_\_\_

**Check any of the following conditions which you have had:**

- Aids/HIV
- Allergies
- Anxiety/depression
- Arm/shoulder pain
- Arthritis
- Asthma
- Bladder problems
- Cancer
- Chronic fatigue
- Deafness
- Diabetes
- Digestion problems
- Earache
- Ear ringing
- Epilepsy
- Headaches
- Headaches (migraine)
- Heart disease
- Hemorrhoids
- Herniated disk
- High blood pressure
- Insomnia
- Irregular cycle
- Kidney problems
- Leg pain
- Low back pain
- Neck pain
- Osteoporosis
- Poor circulation
- Prostate problems
- Rheumatoid Arthritis
- Sciatica
- Shingles
- Sinus Infection
- Stroke
- Thyroid problems
- TMJ
- Venereal disease
- Vertigo/Dizziness

**Stressors:**

- Smoking . . . . . Packs per day: \_\_\_\_\_
- Alcohol . . . . . Drinks per week: \_\_\_\_\_
- Coffee/Caffeine drinks . . . . . Cups per day: \_\_\_\_\_
- High Stress Levels . . . . . Reason: \_\_\_\_\_

**Exercise:**

- None
- Moderate
- Daily
- Heavy

**Have you had any:** \_\_\_\_\_ **Description** \_\_\_\_\_ **Date:** \_\_\_\_\_

Automobile accidents: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Broken bones: \_\_\_\_\_

Falls/head injuries: \_\_\_\_\_

*Authorization*

By signing this form, I understand that I am responsible to pay for any services rendered by the Cowichan Valley Chiropractic and Wellness Clinic which I have received. Unless otherwise negotiated, all services are cash/Debit, Visa, Mastercard, or American Express only.

\_\_\_\_\_  
Signature Date Guardian (if applicable)